Childhelp | **PREVENTION EDUCATION**

ONLINE SAFETY AGREEMENT

It's important for youth and parents/caregivers/safe adults to know the risks of online harm and exploitation and how to stay safe. By signing this online safety agreement, we promise to do the following to help promote online safety.

YOUTH: I will partner with my parent, caregiver, or safe adult to recognize risks, make safe choices, and protect my online safety and wellbeing, and support my peers to do the same.

I WILL...

- ☐ Keep my information private and secure; review my privacy settings; use security features like two-factor authentication; not share personal information like my full name, phone number, address, school name, location, or age.
- ☐ Treat others with respect and kindness.
- ☐ Be mindful of suspicious online behaviors or messages, including someone asking me for personal information, to share photos, to go to another app or site, or becoming too close too fast.
- ☐ Remember that not everyone online is who they say they are, and always interact with care.
- ☐ Limit my screen time to have a healthy balance between online and offline activities, and avoid visiting sites that are meant for adults.
- ☐ Block and report anyone who makes me feel unsafe or uncomfortable or anyone displaying threatening, harassing, or bullying behavior.
- ☐ Identify safe adults to go to if I am unsure about a situation, want to meet online friends in person or on a different app, or experience any online harm or exploitation.
- ☐ Stay informed about new tools, trends, risks, and safety practices so I can help keep myself and my friends safe online.

Signed: _____ Date: _____

PARENTS/CAREGIVERS: I promise to stay connected and engaged to help my child stay safe online.

I WILL...

- ☐ Think of online safety not as a "feature" to turn on, but as a "foundation" of my relationship with my child.
- ☐ Stay informed about new tools, trends, risks, and safety practices to better protect my child.
- ☐ Model healthy digital citizenship, communication, and life balance.
- ☐ Educate my child about online risks and safety strategies and empower them to make safe and healthy choices about their online behavior.
- ☐ Stay connected through ongoing and open conversations with my child about their online activities.
- ☐ Respond calmly and supportively if my child experiences something unsafe online, even if they break a rule or share something they wish they hadn't.

Signed: _____ Date: _____

Building **STRONG FOUNDATIONS FOR** *safer* **FUTURES**

 © 2026 Childhelp, Inc.