



**SPEAK UP BE SAFE
PREVENTION EDUCATION**

THE ONLY EVIDENCE-BASED PK-12 CURRICULUM PROVEN TO BREAK THE CYCLE OF ABUSE

STUDENTS ARE ALWAYS INTERESTED AND LOOK FORWARD TO THE PROGRAM."

Educator, KENTUCKY

WHAT'S INCLUDED

Annual license to the Childhelp online learning management system (LMS) includes:

FACILITATOR TRAINING

Online, self-paced training modules prepare facilitators to discuss sensitive topics with children and teens, recognize signs and symptoms of abuse, and handle disclosures of abuse.

AGE-APPROPRIATE LESSONS

Developmentally appropriate lessons engage students in visual, auditory, and kinesthetic learning. Real-life scenarios help them identify unsafe situations and use critical thinking to apply what they learn in the lessons.

ACTIVITIES

Lesson and reinforcement activities help students practice and retain the information learned.

TAKE-HOME MATERIALS

Informative handouts engage parents, and other materials help students recall what they learned and include the Childhelp National Hotline for support.



WHY CHOOSE CHLDHELP SPEAK UP BE SAFE?

CH SUBS is the only evidence-based primary prevention education program of its kind for grades PK to 12. It helps children and teens learn the skills to prevent and interrupt cycles of child abuse including physical, emotional, sexual, neglect, bullying and online dangers. The lessons help students recognize unsafe situations and abusive behaviors, build resistance skills and create a responsive safety network with peers and adults that a student identifies as safe.

Additional modules and resources are continuously added in the Childhelp Prevention Education Program to help students, families and educators navigate the changing threats faced by children and teens.

CONFIDENT KIDS ARE SAFE KIDS

CHILDHELP SPEAK UP BE SAFE is a strengths-based curriculum that builds student knowledge, awareness, skills, and resistance strategies so they can recognize abusive situations of various types and know how to get away from them and speak up to the safe adults in their lives.

Using an environmental approach, lessons build awareness, respect, and confidence so that kids are less likely to fall victim to lies, lures, tricks, and predators. Incorporating parent engagement materials and other resources, the program helps build a supportive community, so a child or teen need never feel alone in facing an issue. Even if students cannot immediately reach out to their own safe adults, they have the 24/7 resource of the Childhelp National Hotline. Connect via phone or text at 1-800-422-4453 or live chat at childhelphotline.org.



INTERESTED IN IMPLEMENTING THE CHLDHELP SPEAK UP BE SAFE PROGRAM AT YOUR SCHOOL?

VISIT childhelp.org/speakupbesafe | **CALL** 480-922-8212 | **EMAIL** speakupsupport@childhelp.org